

Dr. Michael D Bastien BSc, ND  
7865 Edmonds Street, Burnaby  
Office: 604-524-4959

### Dr. Bastien new patient intake

All Information entered will remain confidential in accordance with Personal Information Protection Act. If you have any questions please ask.

#### Contact Information

Name: \_\_\_\_\_ Date: (D/M/Y) \_\_\_\_ / \_\_\_\_ / \_\_\_\_  
First Last

Age: \_\_\_\_\_ Gender: M: F: Birth date: (D/M/Y) \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Mother's Name: \_\_\_\_\_ Father's Name: \_\_\_\_\_

Home Address: \_\_\_\_\_

City: \_\_\_\_\_ Province: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Parental Contact: Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Permission to communicate with you with this email: Y / N

Emails are not 100% confidential and run the risk of having content viewed by other parties if accounts are compromised. All efforts are made to ensure confidentiality, but the use of email does pose some inherent risk

Care Card Number: \_\_\_\_\_

Medical Doctor: \_\_\_\_\_ Phone: \_\_\_\_\_

Other health care providers: \_\_\_\_\_

Extended Medical Coverage: Y / N MSP Premium Assistance: Y / N

Provider: \_\_\_\_\_

Do you have an active ICBC or WCB claim: Y / N Claim number: \_\_\_\_\_

How did you hear about Dr. Bastien: \_\_\_\_\_

#### Chief Health Concerns

Please rank concerns in order of importance to you

When did it start?

1. \_\_\_\_\_

\_\_\_\_\_

2. \_\_\_\_\_

\_\_\_\_\_

3. \_\_\_\_\_

\_\_\_\_\_

4. \_\_\_\_\_

\_\_\_\_\_

5. \_\_\_\_\_

\_\_\_\_\_

### Family Medical History

List any medical conditions of the members of your immediate family.

Father: \_\_\_\_\_

Mother: \_\_\_\_\_

Brother(s): \_\_\_\_\_

Sister(s): \_\_\_\_\_

Father's Mother: \_\_\_\_\_ Mother's Mother: \_\_\_\_\_

Father's Father: \_\_\_\_\_ Mother's Father: \_\_\_\_\_

Asthma, Allergies, Eczema, Autoimmune, Thyroid Disease, Diabetes, Heart Disease, Stroke, Hypertension, Arthritis, Liver Disease, Kidney Disease, Mental Illness, Addiction, Cancer

### Medical History

**Significant illnesses:** Please check any that apply and give the **year they started**

Measles  Scarlet Fever  Rheumatic Fever  German Measles  Frequent colds

Mumps  Chicken Pox  Ear infections  Throat infections  Cancer

Diabetes  Rashes  Hepatitis  HIV  Birth defects

Surgery: \_\_\_\_\_

Major accidents/trauma: \_\_\_\_\_

Other: \_\_\_\_\_

#### Vaccinations

Polio  Tetanus  Hepatitis  HPV  Rabies

MMR  Diptheria  Pertussis  Chicken Pox  Other: \_\_\_\_\_

#### Female

Age of 1<sup>st</sup> menses \_\_\_\_\_ Cycle Length (days) \_\_\_\_\_ Days of menses \_\_\_\_\_ Date of last menses \_\_\_\_ / \_\_\_\_ / \_\_\_\_

#### General Health

Height \_\_\_\_\_ Weight \_\_\_\_\_ Weight 1 yr ago \_\_\_\_\_ Highest Weight \_\_\_\_\_

Bed time? \_\_\_\_\_ Stays asleep for? \_\_\_\_\_ Hours of sleep per night? \_\_\_\_\_

Second hand smoke exposure? Y N Pets at home? \_\_\_\_\_

Exercise: Type: \_\_\_\_\_ Hours/week: \_\_\_\_\_

Allergies: Drug: \_\_\_\_\_ Food: \_\_\_\_\_

Foods you avoid: \_\_\_\_\_

Medications \_\_\_\_\_ Dose: \_\_\_\_\_ Indication: \_\_\_\_\_

and \_\_\_\_\_ Dose: \_\_\_\_\_ Indication: \_\_\_\_\_

Supplements \_\_\_\_\_ Dose: \_\_\_\_\_ Indication: \_\_\_\_\_

\_\_\_\_\_ Dose: \_\_\_\_\_ Indication: \_\_\_\_\_

\_\_\_\_\_ Dose: \_\_\_\_\_ Indication: \_\_\_\_\_

\_\_\_\_\_ Dose: \_\_\_\_\_ Indication: \_\_\_\_\_

Review of Systems

For the following please write:

**C** for **Current** health concern, **P** for **Past** resolved concern, **O** for **Occasionally** a concern

**General**

low appetite     strong thirst     chills     tremors     sudden energy drop     localized weakness  
 poor balance     fever     fatigue     weight loss     weight gain     sweat easily  
 cravings     night sweats     poor sleep     bleed/bruise easily

**Skin and Hair**

rashes     ulcers     hives     itching     eczema     pimples     dandruff  
 hair loss     new moles     pigment changes     dry skin  
 other skin/hair concerns: \_\_\_\_\_

**Head, Eyes, Ears, Nose and Throat**

sinuses     swollen glands     excess saliva     dizziness     concussions     headaches     migraines  
 sore throat     poor vision     contacts     cataracts     eye strain     eye pain     night blindness  
 poor hearing     earaches     ringing ears     grinding jaw     cavities     jaw clicks     nose bleeds  
 loss of smell     facial pain     sore lips     sore tongue  
 other head/neck concerns: \_\_\_\_\_

**Cardiovascular**

chest pain     palpitations     irregular beat     swollen feet/ankles     blood pressure  
 murmurs     cold hands/feet     rheumatic fever     fainting  
 other heart or blood vessel concerns: \_\_\_\_\_

**Respiratory**

cough     phlegm     shortness of breath     pleurisy     coughing blood     asthma  
 wheezing     bronchitis     pneumonia  
 other breathing concerns: \_\_\_\_\_

**Gastrointestinal**

nausea     indigestion     chronic laxative use     diarrhea     constipation     vomiting  
 belching     bad breath     abdominal pain     black stools     gas     rectal pain  
 other digestive concerns: \_\_\_\_\_

**Genitourinary**

hurts to urinate     blood in urine     frequent urination     bladder urgency     unable to hold urine  
 other urinary concerns: \_\_\_\_\_

**Musculoskeletal**

Joint pain: Hand / Wrist / Elbow / Shoulder / Foot / Ankle / Knee / Hip / Back / Rib / Neck / Jaw  
 muscle weakness     broken bones     tendonitis  
 other bone or muscular concerns? \_\_\_\_\_

**Neurological**

seizures     depression     tingling     loss of balance     concussions     anxiety  
 poor memory     prone to stress     irritable     numbness     nervousness     lack of coordination  
 have you ever been treated for emotional concerns? \_\_\_\_\_  
 have you ever considered or attempted suicide? \_\_\_\_\_  
 other neurological or psychological concerns? \_\_\_\_\_

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## Canopy Integrated Health

### INFORMED CONSENT

I would like to take this opportunity to welcome you to Canopy Integrated Health. This Clinic utilizes the principles and practices of Naturopathic Medicine and other supportive therapies to assist the body's own ability to heal and to improve the quality of life and health through natural means.

Your practitioner will conduct a thorough case history. If you are working with a Naturopathic Doctor a physical exam, specific blood and/or urinary laboratory reports may be used as part of the treatment work-up. Any practitioner you choose to work with will have access to your history to minimize repetition while maintaining complete confidentiality.

#### Statement of Acknowledgement

Printed name \_\_\_\_\_

As a patient of this clinic I have read the information and understand that the form of medical care is based on Naturopathic and other supportive principles and practices. As Canopy Integrated Health is an integrated health clinic, I recognize that all the practitioners that are working with me may have access to my file. I also recognize that even the gentlest therapies may have risks or complications. In certain physiological conditions or in very young children or those on multiple medications the chance of these risks may be higher and hence the information provided is complete and inclusive of all health concerns and all medications. The slight health risks of some Naturopathic treatments include, but not limited to; aggravation of pre-existing symptoms, allergic reaction to supplements or herbs; pain, fainting, bruising or injury from venipuncture or acupuncture; muscle strains and sprains, disc injuries and vascular events from spinal manipulations.

I also confirm that I have the ability to accept or reject this care of my own free will and choice and that I am not an agent of any private, local, county, provincial or federal agency attempting to gather information without so stating. I accept full responsibility for any fees incurred during care and treatment.

\_\_\_\_\_  
SIGNATURE

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
DATE

\_\_\_\_\_  
WITNESS SIGNATURE

#### Parental Consent

\_\_\_\_\_  
SIGNATURE OF PARENT/GUARDIAN

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
DATE